

Week 1	Day 1	Day 2	Day 3	Day 4	Day 5
	Cold Cereal Cantaloupe Milk	Pumpkin Muffin Bananas Milk	Croissants Peaches Milk	Biscuit and Sausage Gravy Applesauce Milk	Oatmeal WG Toast Blueberries Milk
Week 2	Day 1	Day 2	Day 3	Day 4	Day 5
	Cold Cereal Mixed Fruit Milk	WG Toast Hard Boiled Egg Clementine Milk	Waffles Kiwi Milk	Scrambled Eggs Mixed Fruit Milk	Oatmeal WG Toast Pineapple Milk
Week 3	Day 1	Day 2	Day 3	Day 4	Day 5
	Cold Cereal Pears Milk	English Muffin Peaches Milk	Pancakes Blueberries Milk	Breakfast Egg Bake Fruit Cocktail Milk	Oatmeal WG Toast Mango Milk
Week 4	Day 1	Day 2	Day 3	Day 4	Day 5
	Cold Cereal Pineapple Milk	Bagels Mango Milk	Banana Bread Kiwi Milk	Cinnamon Raisin Toast Tropical Fruit Milk	Oatmeal WG Toast Mixed Fruit Milk
Week 5	Day 1	Day 2	Day 3	Day 4	Day 5
	Cold Cereal Bananas Milk	WG Toast Sausage Peaches Milk	Scones Clementine Milk	Yogurt Granola Bananas Milk	Oatmeal WG Toast Kiwi Milk

Week 1	Day 1	Day 2	Day 3	Day 4	Day 5
	Bean and Cheese Burrito Corn Peaches WG Tortilla Milk	Scrambled Eggs Sausage Veggie Sausage Oranges WG Biscuits Milk	Cheesy Ham Hash Browns Cheesy Hash Browns Beets Pineapple WG Bread Milk	Chicken Breast Soy Nuggets Tuscan Blend Vegetables Cantaloupe WG Roll Milk	Broccoli Rice and Cheese Casserole Carrots Kiwi Brown Rice Milk
Week 2	Day 1	Day 2	Day 3	Day 4	Day5
	Cheese Pizza Cauliflower Mango Pita Bread/English Muffin Milk	Harvest Chicken Stew Harvest Stew Monaco Blend Vegetables Bananas WG Biscuit Milk	Turkey Meatball Sub Veg. Burger Italian blend Fruit Cocktail WG Hoagie Milk	Black Bean Quesadillas Corn Pears WG Tortilla Milk	French Dip Veggie Burger Carrots Apples WG Hoagie Milk
Week 3	Day 1	Day 2	Day 3	Day 4	Day 5
	Chicken Fajitas Bean Fajitas Corn Kiwi WG Tortilla Milk	Tuna Melt Tofu Spread Country Blend Mixed Fruit French Bread Milk	Sloppy Joes Soy Nuggets Brussel Sprouts Bananas WG Bun Milk	Turkey Sandwiches Hummus Beets Apples WG Bread Milk	WG Rotini W/Marinara Sauce and Cheese Green Beans Pears Milk
Week 4	Day 1	Day 2	Day 3	Day 4	Day 5
	Beef Tacos Bean Tacos Chuck wagon Blend Vegetables Applesauce WG Tortilla Milk	Baked Potatoes w/Ham, Cheese Broccoli Bananas Bread Sticks Milk	Chicken and Noodles Bean and Noodles Peas Peaches Egg Noodles Milk	Grilled Cheese Tomato Soup Apples WG Bread Milk	Beef Stew Bean and Veggie Stew Diced Squash Oranges WG Biscuit Milk
Week 5	Day 1	Day 2	Day 3	Day 4	Day 5

	Turkey Slices Soy Nuggets Mashed potatoes Oranges WG Roll Milk Turkey Gravy	Chicken Alfredo Pasta Cheesy Alfredo Peas Tropical Fruit WG Rotini Milk	Cheeseburgers Veggie Burger Sweet Potatoes Mangos WG Bun Milk	Sweet and Sour Chicken SS Tofu Stir Fry Blend Pineapple Brown Rice Milk	Cheese Enchiladas Refried Beans Apples WG Tortilla Milk
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Week 1	Day 1	Day 2	Day 3	Day 4	Day 5
	Harvest Cheddar Sunchips Milk	Applesauce Graham Crackers Water	Veggie Bowl Dill Dip Water	Bagels Milk	Cook's Choice Milk
Week 2	Day 1	Day 2	Day 3	Day 4	Day 5
	Turkey Slices Cheese Slices Water	Tortilla Chips Saltines for Pre-Toddlers Guacamole Water	Ranch Crackers Milk	Cottage Cheese Peaches Water	Blueberries Milk
Week 3	Day 1	Day 2	Day 3	Day 4	Day 5
	Cinnamon Raisin Bread Milk	Apples Cheese Cubes Water	Goldfish Crackers Milk	Bananas Cheerios Water	Cook's Choice Milk
Week 4	Day 1	Day 2	Day 3	Day 4	Day 5
	Hard Boiled Eggs Toast Water	Yogurt Animal Crackers Water	Turkey Slices Cheese Slices Ritz Crackers Water	Carrots Hummus Water	Bread Sticks Milk
Week 5	Day 1	Day 2	Day 3	Day 4	Day 5
	Soft Pretzels Milk	Nutrigrain Bar Pears Water	Cheese Sticks Saltines Water	Fruit and Grain Mix Milk	Cook's Choice Milk