

# University of Nebraska-Lincoln Children's Center

## Illness Exclusion Form

Child's Name (first and last): \_\_\_\_\_ Today's Date: \_\_\_\_\_

### Exclusion #1 – Minor Illness

**Rest of the day exclusion – If your child is sent home with the following characteristics then they need to go home that day. They can come back the next day if the characteristics are not present:**

\_\_\_ Misery with a cold, including matted, watery eyes, running nose, or other physical symptoms or a deep, chesty, croupy, constant cough, or wheezing.

\_\_\_ Inability to cope in a group situation because of not feeling well or feeling “under the weather”. This is where teething would fall under. When children are miserable then they should not be put into a group setting. Please put yourself in this situation. How would you feel if you were sick and you had to be with 15 very active people? It is a miserable situation to be put into.

Your child is being sent home for the following reason:

---

### Exclusion #2 – Major Illnesses

**Any child found to be ill cannot receive care that day and the following day. For example, if your child is sent home at 12:00 noon on Tuesday, they will be gone the rest of Tuesday and all of Wednesday. If they are better they can come back into the center on Thursday. Children need to be fever free for 24 hours without medication.**

**The UNL Children's Center requires you make arrangements to keep your child home when he/she has any of the following:**

\_\_\_ Fever of 101 degrees or more – We take an axillary reading (under the arm) and add 1 degree. Thus if you have 100 degrees under the arm you add 1 degree to get the 101 degree temperature. Teething rarely causes a temperature of over 101 degrees. This high of temperature usually indicates more is happening in your child's body.

Temperature \_\_\_\_\_ Taken By \_\_\_\_\_ Time \_\_\_\_\_

Temperature \_\_\_\_\_ Taken By \_\_\_\_\_ Time \_\_\_\_\_

Temperature \_\_\_\_\_ Taken By \_\_\_\_\_ Time \_\_\_\_\_

\_\_\_ Vomiting.

\_\_\_ Undiagnosed rash – If your child has a rash a doctor needs to be seen. If the doctor states that it is not contagious the child can return. A doctor's note is needed. If they don't give the “all clear” then the child needs to stay out until the rash clears up.

\_\_\_ Draining of ears (that cannot be controlled) or open sores.

\_\_\_ Any symptoms of possible infectious disease (such as red watery eyes or green discharge for the nose).

\_\_\_ 2 bouts of diarrhea within one hour, 3 bouts in a 24 hour period, **or 1 uncontained bout.**

1<sup>st</sup> time \_\_\_\_\_

2<sup>nd</sup> time \_\_\_\_\_

3<sup>rd</sup> time \_\_\_\_\_

\_\_\_ Other

Your child is being sent home for the following reason:

---



It is the policy of the University of Nebraska-Lincoln not to discriminate based upon age, race, ethnicity, color, national origin, gender, sex, pregnancy, disability, sexual orientation, genetic information, veteran's status, marital status, religion or political affiliation.

UNIVERSITY OF  
**Nebraska**  
Lincoln